

2-25-2010

The Pacifican February 25, 2010

University of the Pacific

Follow this and additional works at: <https://scholarlycommons.pacific.edu/pacifican>

Recommended Citation

University of the Pacific, "The Pacifican February 25, 2010" (2010). *The Pacifican*. 176.
<https://scholarlycommons.pacific.edu/pacifican/176>

This Newsletter is brought to you for free and open access by the University of the Pacific Publications at Scholarly Commons. It has been accepted for inclusion in The Pacifican by an authorized administrator of Scholarly Commons. For more information, please contact mgibney@pacific.edu.

Provost Candidate Introduced to Pacific Community

Andrew Mitchell
News Editor

The first of three candidates to be hired as the provost of the University was introduced to the Pacific community Monday evening in the Regents' Dining Room.

Dr. Alison Morrison-Shetlar, the Vice Provost, Dean of Undergraduate Studies, and Professor of Biology at the University of Central Florida, spoke about her educational background and her philosophy towards higher learning. She also was given the opportunity to field questions from audience members.

"I'm very much involved in inter-disciplinarity," Morrison-Shetlar said, citing her experience at Central Florida and previously at Georgia Southern University.

A diverse array of audience members from all facets of campus life came to hear her speak.

As a provost, Morrison-Shetlar promised to use her servant leadership style to effectively solve problems, listen to voices of concern, and promote experiential learning.

"I make sure resources are available so there's no 'us and them' situation," she said.

As a candidate, Morrison-Shetlar spent most of her week



Jessica Lucas

Dr. Alison Morrison-Shetlar fields questions from a packed audience in the Regents' Dining Room on Monday. Morrison-Shetlar is one of three candidates selected to replace the current provost of Pacific Phil Gilbertson.

in Stockton and visited the McGeorge School of Law in Sacramento on Tuesday and the Arthur A. Dugoni School of Dentistry in San Francisco on Wednesday. Throughout the week, she met Pacific's new president, Pamela Eibeck, the provost search committee members, and the vice presidents of the University.

Morrison-Shetlar received her Doctorate in Biomedical Science from the Dundee College of Technology in the United Kingdom. She also was awarded a Bachelor of Science with honors in biology and chemistry from Dundee.

She holds a storied career

of research, awarded grants, peer-reviewed publications, keynote presentations, and public service.

Morrison-Shetlar is the first of three candidates vying to replace Phil Gilbertson for the provost position. Gilbertson is retiring as provost on June 30. The identities of the other candidates are to be announced soon. The second candidate is scheduled to visit Pacific Monday, March 1 from 4-5 pm in the Grace Covell Dining Hall. The final candidate will be on campus Thursday, March 4 from 4-5 pm also in the Grace Dining Hall.

Whole Foods Giant Shares Organic Advice for Success

Natalie Compton
Staff Writer

Suits and synergy filled the seats at the Faye Spanos Concert Hall to listen to a green thumb talk about green business. Co-President and Chief Operating Officer of Whole Foods Market, Walter Robb, came to deliver a message on Monday called "Business and Sustainability in the 21st Century - Observations of a Retailer."

The Eberhardt School of Business hosted the event, which was one installation of the Pacific Business Forum's speaker series.

The audience was made up of community members and students as well as President Pamela Eibeck and Doug Eberhardt of the Eberhardt School of Business.

After a short introduction detailing the adaptation of a farmer to a Forbes-featured success, Robb began his PowerPoint presentation, which included photos of his earlier days, bits promoting progressive businesses, and quotes from his favorite authors.

Though Robb's hour long speech touched upon a variety of topics from ethics to Avatar, the crux of his talk was the importance of people

and companies acting "with a deeper sense of responsibility and purpose."

His message explained how business has the potential to implement change to help society.

"I believe in business," Robb said. "It's our responsibility to do it, it's our responsibility as individuals."

The recession reared its head into conversation as well. Robb divulged his experience during the tougher economic period and how it was the "most difficult time I have ever experienced as a businessperson."

He explained how the recession forced the Whole

See FOODS, page 3

inside this issue

NEWS

Pagan Writer
Visits Pacific
Page 2

PERSPECTIVES

To Smoke or Not
to Smoke?
Page 4

LIFESTYLES

A Look at
the iPad
Page 5

SPORTS

Baseball Season
Starts Out Right
Page 10

index

Public Safety Report	2
Staff Information	3
Nutricat Corner	5
TigerX Calendar	7

"It Takes a Rainbow" LGBTQIA Conference



Jessica Lucas

Peter Paige, from the television show "Queer As Folk," gave the keynote address at the conference.

Andrew Mitchell
News Editor
Kobé Armah
Staff Writer

Activism and networking were at the forefront of the LGBTQIA Conference this past Saturday, as attendees from as far away as Colorado gathered at Pacific for this one-day event.

"It Takes a Rainbow: Bridging the Mountains to the Bay 2010" addressed issues regarding the LGBTQIA (Lesbian, Gay, Bisexual, Transgendered,

Queer/Questioning, Intersex, Ally) community and conveyed key messages for those in attendance.

"Coming out is the single most important action you can take to make the world a better place," Peter Paige, the keynote speaker for the conference, said at the opening session. "All I'm asking you to do today is be braver."

Paige, an actor, director, and playwright best known for his portrayal of Emmett See LGBTQIA, page 3

**UNIVERSITY OF THE PACIFIC
DEPARTMENT OF PUBLIC SAFETY
WEEKLY REPORT
February 14 - 20, 2010**

For updated information, please join Public Safety on Facebook and Twitter at <http://web.pacific.edu/x499.xml>

**SUSPICIOUS
INCIDENT
DAVE BRUBECK**

2-14-10

Officers responded to a report of a disturbance. Officers made contact with the responsible.

**FIELD CHECKOUT
LONG THEATRE**

2-14-10

Officer conducted a checkout on a male subject. Subject was warned for trespassing and scavenging.

**FIELD CHECKOUT
PACIFIC HOUSE**

2-14-10

Officer conducted a checkout on two male subjects going through the dumpster. Subjects were warned and revoked.

**FIELD CHECKOUT
GRACE COVELL**

2-14-10

Officer conducted a checkout on a male subject. Subject was interviewed and revoked from campus.

**NOISE COMPLAINT
DAVE BRUBECK**

2-15-10

Officers responded to a noise complaint. Officer made contact and advised accordingly.

**WARRANT ARREST
PACIFIC AVE**

2-16-10

Officer conducted a vehicle stop and learned of an outstanding warrant. Driver arrested and transported to the county jail.

**TRAFFIC CRIMINAL
PHARMACY SERV RD**

2-16-10

Victim reported vehicle was struck while parked and no note left. Officer responded and initiated a hit and run report.

**THEFT
JOHN BALLANTYNE**

2-16-10

Victim reported her bicycle stolen. Officer responded and initiated a report.

**AIDED STOCKTON PD
DAVE BRUBECK**

2-16-10

SPD requested officer assistance with a suspect, wanted in the murder of his girlfriend, reported in the area. Officers assisted with the arrest of the suspect.

**SUSPICIOUS PERSON
MCCAFFREY CENTER**

2-16-10

Officers responded to a report of a male subject in the area asking for money due. Officers located the subject who was interviewed and revoked from campus.

**TRESPASSING ARREST
CLASSROOM BLDG**

2-17-10

Officers conducted a checkout on two subjects. One subject arrested, cited and released.

**CASUALTY
GRACE COVELL**

2-17-10

Officers and medics responded to a report of a female having difficulty breathing. Subject was transported via ambulance to a local hospital.

**THEFT
ART BUILDING**

2-17-10

Officer responded to a report of a computer stolen from the building. Officer initiated a report.

**VANDALISM
DEROSA CENTER**

2-17-10

Officer responded to a report of tagging at the fire pit. Officer initiated a report.

**FIELD INTERVIEW
LOT 1**

2-18-10

Officer conducted a checkout on a male subject. Subject was interviewed and revoked.

**AIDED STOCKTON PD
BROOKSIDE RD**

2-19-10

Officer was flagged down on

a report of a juvenile standing in the middle of the roadway. SPD also aired the report. Juvenile was having issues at the group home that he resided and officer assisted. SPD cancelled.

**THEFT
WEBER HALL**

2-19-10

Victim reported his bicycle stolen after the cable lock was cut. Cable lock was also taken. Officer responded and initiated a report.

**RESISTING ARREST
CENTRAL CAMPUS**

2-19-10

Officers responded to a report of a suspicious male subject in the area. Officers located the subject who fled on foot. Subject was pepper sprayed and taken into custody. Subject had to be restrained before transport for booking due to biting an officer.

**AIDED PERSON
OFF CAMPUS**

2-20-10

Officer flagged down on a report of a male subject bleeding from the head possibly a victim of battery on Monterey and Pacific. Officer located the subject at Alston & Mariposa and requested medics. Subject was transported to a local hospital via ambulance. It was determined he walked away from the hospital earlier.

**ROBBERY
MANOR HALL**

2-20-10

Victim reported he was walking home from a party at approximately 5:00 AM and as he walked into an alleyway, he was knocked down by a group of subjects in the parking lot of his apartment complex. Victim also reported his cell phone and wallet were taken. Victim declined medical attention. He notified Public Safety later that morning. Officer responded and took the report.

Pagan Writer and Speaker Delivers Colliver Lecture

Christiana Oatman
Staff Writer

Noted Pagan writer and NPR correspondent Margot Adler lectured about ritual, heritage, community and the history and belief systems of neo-paganism to a crowded audience at the Long Theater last Tuesday. Her speech was the latest in the Colliver lecture series that focuses on religion and spirituality in modern society. She is the first Pagan to give a Colliver lecture.

"If you go far enough back, all of your ancestors were pagan," Adler said, "...all of us have lost our traditions and we're rooting around in the ashes."

During her lecture, titled "Paganism: Religion, Not Superstition," she emphasized how diverse Pagan beliefs and communities are. When asked about Paganism's unifying factors, she said that they are all united in a connection with the earth, a belief that the sacred is here and now and a sense of the divine.

"Paganism is appropriate for some, but not for all," she said, "religion is like a jewel. There are many paths."

Adler described Pagans

as thinking about the world differently, embracing complexity and believing in many concepts. One such concept was the notion of multiple realities, the dream reality, the scientific reality and how they don't have to conflict.

She also emphasized the importance of ritual in religion.

"Think about a toast. You pick up a glass and your eyes are centered, you smell the drink and clink the glass. Your senses are activated. If you do it with intention, you have done a ritual and entered a realm," she explained. She called herself a "ritual junkie."

Adler described her childhood and how she became involved in Paganism. She grew up in a secular household that emphasized the "brotherhood of man," but she soon realized that she was searching for spirituality, which she first found in the works of nature writers like Thoreau.

"I was shocked at how this was not just political, but spiritual literature," she said. She realized these writings revealed a "connection to the earth" and a "sense of oneness."

Adler became involved in
See PAGAN, page 3

G.I.V.E. Competition

We highly encourage members of the organizations to log their hours on Reach Out Online at www.pacific.edu/reachout in order to earn credit for their endeavors! If you are interested in being part of the Groups Competition please contact Stephanie Labasan at cci@pacific.edu or 209-946-2444.

Below you will find the top six organizations within the competition at this moment and the hours of community service they have completed. Good luck to all and don't forget to log those hours! The last day to log your hours towards the GIVE Competition is Monday, April 12.

Reach Out Groups Competition Rankings

Organization	Hours Logged (on Reachout as of Feb. 22)
Alpha Phi Omega	828.25
Sigma Chi	484.25
Alpha Phi	395.5
Circle K	224.5
Gamma Alpha Omega	196
Omega Delta Phi	126

FOODS, continued from cover

Foods Market to make hard decisions, but managed to stay afloat without cutting any store employees.

Robb noted that the road out of the recession will still be "very bumpy from here," but this prediction inspired Whole Foods to reevaluate the way it does business. The stores will take steps "back" to reconnect with the individual customer.

"We'll be making stores a little smaller, taking down some of the foodie excess, and going back to the basics on natural food and healthy eating, which is what we do better than any other retailer."

For students trying to make it in today's economy, he warned them of the

strength achieving success will take.

"You are going to have to draw on your resiliency and perhaps your entrepreneurship to make your way through this time."

The speech stressed that the Whole Foods Market grew and thrived due to seeking profit indirectly.

He stressed that part of doing a good job is doing something with a sense of purpose and fulfillment, a task that Robb pointed out was not as light as it sounds.

"This is not fuzzy stuff, this is real stuff. This is edgy, this is confrontational, this is a question you need to ask yourself as students, as to what do you want to do with your life," he said.

The presentation portion of the event ended in a "call for action" to all individuals, but to students in particular.

"Make [your life] personal, make it passionate; there's a lot of work that needs to be done in the world, take responsibility for it and let's make this better and change the world."

Robb took questions before stepping off the stage and lingering for a while. This gave audience members a chance to shake his hand and exchange words with him before he was taken to the President's house for dinner.

For more on Whole Foods Market's mission and history, visit www.wholefoodsmarket.com.

PAGAN, continued from page 2

Paganism in the 1970s and, towards the end of her lecture, she compared her own experiences to the present-day Pagan communities.

"We were restructuring old religions in a new form," she said, "It was a very private movement. People were afraid to come out."

Paganism appealed not just to environmentalists and those looking for natural spirituality, but to feminists as well. Traditional organized religions had denied women leadership roles and women "felt their divinity was being denied."

In 1979, she "put [her] spiritual life on hold," until she began research for a book revision and she discovered a new mainstream movement. Wiccans had become involved in the military and won a

publicized legal struggle to have pentagrams put on military graves. There were now Pagan Studies classes, Pagan seminars and a Pagan scholarly journal, *The Pomegranate*. Expanded Pagan festivals had become "family friendly" with "tracks" for children and adolescents.

"It's the first time you have multigenerational Pagans," she said, "there's a place to go that's real and lasting. It gives a sense of permanence...changing it mostly for good."

Adler is the author of two books, *Drawing Down the Moon* and *Heretic's Heart*. She can be regularly heard on NPR shows like *All Things Considered* and reports on a wide diversity of topics from daily life in New York City to religion to affirmative action.

LGBTQIA, continued from cover

Honeycutt in the Showtime series "Queer as Folk," spoke of his experiences in Hollywood and of coming out.

The conference consisted of 28 breakout sessions, a total of 48 presenters among the sessions, and a networking fair with tables from PFLAG San Joaquin County, the San Joaquin AIDS Foundation, Marriage Equality USA, and many more organizations.

The focus of the conference was to build leaders by educating them in "interpersonal and social development," creating connections with others to network, to strengthen the identity of the LGBTQIA community and create involvement through social action. The day-long conference was sponsored by Aetna Student Health, Campus Pride, ASuop, NASPA (Student Affairs Administrators in Higher Education), and University of the Pacific's Division of Student Life.

Sessions varied from the entertaining (showings of the movie "Were the World Mine" in the Pacific Theater) to the more serious (a talk by transgender advocate Elena Kelly about issues facing transgendered people).

Highlights included "Sexualized Sporting Bodies" presented by Sports Sciences Professor, Dr. Lara Killick. The workshop focused on LGBTQIA issues within the

sports community, specifically what some see as the irony of homophobia and the latent sexualization of sports players. Killick drew differences between male and female sports players and the double standards of sexualization. The workshop also challenged ideas about gender roles and the discrimination used within the sports realm. Killick recognized that the sports realm is powerful but is not taking advantage of its power within social discourse because athletics is an institution in which "players have the ability to confront homophobia."

Another session, "Marriage Equality Grassroots Movement," was hosted by leaders of Marriage Equality USA and Stonewall Democratic Club. The session gave grassroots activists the tools to fight for marriage equality. The leaders discussed the fallout of Proposition 8 in California and discussed the mistakes and strengths of the election. The session provided an understanding of how to help and strengthen the Marriage Equality movement.

Among the sessions was "Leviticus," a session discussing pop culture and the black church's influence over being black and gay. The session was presented by community activist Nicholas Hatten from the Stonewall Democratic Club. Specifically discussed was the stigma towards

homosexuality within the African-American community. It is blamed by some for the rise of HIV rates within the African-American community.

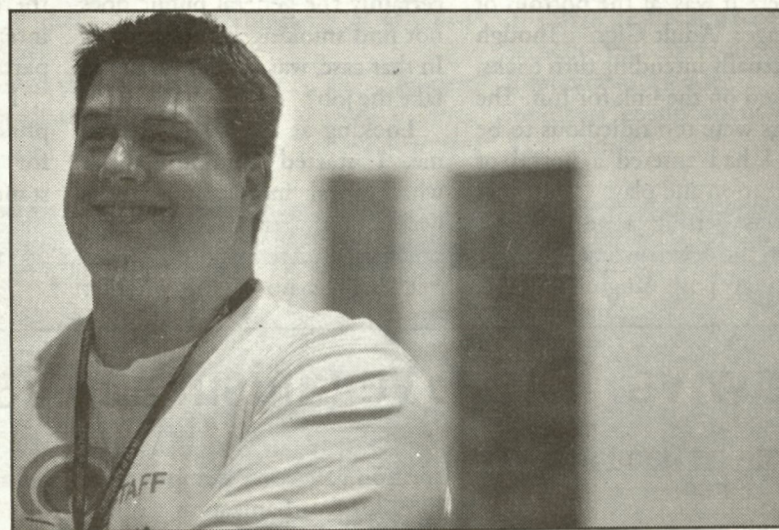
"We're hoping that we'll show the student body and the community that there's a lot of support within the LGBTQIA community," said Dr. Christopher Goff, the programming chair for the conference who helped organize the event.

"Pacific is so proud to sponsor and host this conference," Dr. Elizabeth Griego, the vice-president for student life, said. This is the second such conference at Pacific, the first one being held two years ago.

Eric Dingler, a Pacific graduate of 1987, was the honorary conference chair for the conference. The performing group Cheer San Francisco also made an appearance. Cheer San Francisco is the longest running LGBT identified cheerleading team in the world.

Bill Jones, a Pacific graduate from the class of 1951, attended with his partner and was amazed at how far Pacific has come at reaching out and facilitating people within the LGBTQIA community.

"I fought my own sexuality for five years," he said. At that time, Pacific had no outlet for



Jessica Lucas

Kyle Turner, the vice-president of the PRIDE Alliance on campus, watches as Actor Peter Paige gives the keynote address..

people questioning their sexual identities. The only confidant Jones found was in Robert Burns, the president of Pacific at the time.

"I was very ashamed. Not only ashamed but terrified of people finding out," Jones recalled. Jones eventually found a therapist who helped him accept his own identity. Since graduating from the education school at Pacific, Jones found a gay community in San Francisco. Jones became the first single man in the United States to adopt a child from a public social services entity in 1968, something he had to do while as a closeted person.

Jones gave Pacific a gift annuity of \$1 million with the stipulation that a gay resource center be built in the 3rd phase of the library project.

Later in the evening, drag queen and entertainer

Miss Coco Peru headlined a performance in the Faye Spanos Concert Hall.

The conference left attendees with hope for a closer community of LGBTQIA members and for a world more accepting of those in their position.

"I felt that the conference was a true representation of the UOP spirit," Roy Lee, a member of the PRIDE club on campus, said. "A small intimate setting but at the same time large and diverse. With only 3 workshop times and 220 people in attendance, it was great to see that there were 28 different subsections within those workshops covering a wide range of topics."

"This is without a doubt the most expeditious civil rights movement in history," Paige said in his address. "We have come a long way."

PERSPECTIVES

To Smoke Or Not To Smoke?

Natalie Compton
Staff Writer

I sat at my computer wondering where the line between acceptable and pornographic was lying. There was a job opportunity gleaming before me, but I could not decide whether or not it was a degrading dare to take.

I had been searching high and low for part time jobs to fill my time (as well as my wallet). When coming up short I explored the depths of Craigslist.

I wishfully sent away my resume and various cover letters to a slew of posted jobs. I gone through just about every category—except for one.

There it was, at the bottom of the page: "Adult Gigs." Though not actually intending turn tricks, I clicked on the link for fun. The listings were too ridiculous to be fake; I had entered a portal of prostitution and play.

I was getting a good laugh out of the lewd listings when a particular post caught my eye.

"Smoking models wanted," the section read. I clicked.

What popped up was a job description that sounded far from scandalous. The man was a photographer looking for young women to smoke a few cigarettes for an hour-long video. There was no nudity, no sketchy location, and models were paid \$75 for their time.

There was, however, a catch (it was a porn). Turns out the video was marketed towards people who with a smoking fetish (meaning they got turned on by watching women smoke).

I was at a crossroads of lucrative and lascivious. In no way did I find smoking a cigarette sexual—certainly the general public does not find smoking an explicit act. In that case, was it okay for me to take the job?

Looking at the world around me, I started thinking about what moral implications come with other seemingly innocent acts. I post pictures on Facebook, but there is no telling whether

someone with a foot fetish will see my feet and get turned on. Furthermore, do television food show hosts have a problem preparing meals knowing that there are viewers with food fetishes?

Then there are the blatant indirect, porn players. I doubt that the Victoria Secret models lose sleep over participating in lingerie catalogues, but there is no doubt that those images arouse countless libidos.

There may be thousands of other fetishes out there that I am unaware of and contributing to. After all, it took me 19 years to learn that one man's smoke is another man's pleasure. Is there really a difference between intentionally and ignorantly partaking in porn?

I grappled with the philosophical and moral dilemma for days and remained at a standstill.

To smoke or not to smoke, that was the question.

Now vs. Then: Veganism and Vegetarianism

Christiana Oatman
Staff Writer

It's hard to be both a college student and a vegan/vegetarian. You're juggling classes, a social life and on-campus clubs/organizations/Greek life that sometimes your food choices may be the last thing on your mind. It is, however, important to maintain a healthy lifestyle and going vegan/vegetarian is easier and more mainstream than ever before.

According to websites dedicated to promoting vegetarianism/veganism, the vegetarianism movement started in the United States in the 19th century. The word was coined in 1842, and numerous organizations were founded promoting the lifestyle. The vegan movement has a similar history. The word "vegan" was introduced in England in 1944 and in 1960 the American Vegan Society was founded. While studies conducted throughout the twentieth century confirmed the health risks associated with eating meat, growing industrialization led to the

creation of factory farms and the spread of urbanization. When people live so far away from where cows and other animals are routinely fattened up with chemicals and then slaughtered, there becomes more emotional distance between them and their food.

Despite numerous studies proving that the vegetarian/vegan lifestyle is physically beneficial, vegetarians and vegans are often bombarded with questions about where they get nutrients like protein and calcium. According to Vegan.org, "Vegan foods, such as whole grains, vegetables, fruits, and beans, are low in fat, contain no cholesterol, and are rich in fiber and nutrients. Vegans can get all the protein they need from legumes (e.g., beans, tofu, peanuts) and grains (e.g., rice, corn, whole wheat breads and pastas); calcium from broccoli, kale, collard greens, tofu, fortified juices and soymilks; iron from chickpeas, spinach, pinto beans, and soy products; and B12 from fortified foods or supplements."

The vegan and vegetarian lifestyle saves animals' lives and

helps save our damaged planet. The U.N.'s Food and Agriculture Organization reported that at least 18% of current global warming effects come from livestock, more than is caused by all the world's transportation systems. Just one individual vegetarian or vegan saves the lives of about 100 animals every year. Previously mentioned studies have shown that meat eaters are more likely to acquire a number of various medical problems and diseases including high blood pressure, strokes and obesity than vegetarians.

Happily for vegetarians and vegans, the movement is becoming more and more mainstream. Groups like PETA, despite some eyebrow-raising ads objectifying women, have been very active in advertising the benefits about going vegan and there are countless websites, books and cookbooks advocating the lifestyle and supporting the people who have chosen it. While there are no documented statistics for how many people identify as vegan/vegetarian,

See VEGANS, page 9

THE PACIFICAN Spring 2010

Advisor
Prof. Dave Frederickson

Editor-In-Chief
Alex Ruano

Managing Editor
Seema Ghatnekar

News Editor
Andrew Mitchell

Perspectives Editor
Ally Mengarelli

Lifestyles Editor
Vivian Lee

Sports Editor
Rachel Freeman

Layout Editor
Vivian Lee

Business Manager
Ruben Moreno

Advertising Manager
Dipen Pattni

Advertising
Representatives
Viviana Millan

Office Manager
Andrea Soto

Circulation Manager
Justine Speegle

Circulation Staff
Patrick Ting
Illa Thomas
Cierra Reed

Website Administrator
Caitlin Vo

Web Communications
Rachel Freeman

Phone: (209) 946-2115
Fax: (209) 946-2195

Mailing Address:
The Pacifcan
3601 Pacific Avenue
Stockton, CA 95211
pacificaneditors@pacific.edu

Office: Across from Southwest Hall Courtyard
Meetings Every Thursday
Knoles Hall 212 12 p.m.

Interested in advertising?
Contact pacificanads@pacific.edu
All advertising submissions must be in each
Monday by 5 p.m. unless otherwise negotiated.

EDITORIAL POLICY

Editorial comments reflect the views and opinions of the majority of the Pacifcan editorial board, unless personally signed. The views of the Pacifcan are not reflected in advertising, letters to the editor, or in any articles.

The Pacifcan reserves the right to edit all submitted materials for length, factual information, libel, and clarity. All letters to the editor must have a verifiable signature, address, phone number, and email address.



Gossip Gone Viral!

Ally Mengarelli
Perspectives Editor

Recent studies have indicated that Internet users with female screen names receive 25 times more malicious feedback and negative comments than those with male names. This statistic further applies to chat rooms, messageboards, and networking sites, making it apparent that the Internet is becoming a free-for-all where people can make vicious, unwarranted falsities about their peers. This is incredibly dismaying because the majority of these sites are publicly viewed, allowing the perpetrator access to a wide audience. The effects on those ridiculed can be devastating.

The gossip is spread through message boards, social-networking sites, and sites that blatantly evoke cowardly behavior by offering rude discussion starters. Although there is a space to enter one's name or screen-name, the space is usually filled with an alias or

"anonymous," which gives the user freedom to say whatever he or she wants without having to deal with the consequences.

More recognizable are the college gossip site like the late "JuicyCampus" which gained a popular following at Pacific last year.

Even worse are sites, like "The Dirty," that exist solely to ridicule and harass women. The users (anonymously) post pictures of people they know or have seen on MySpace or Facebook and start discussions with degrading (and down-right nasty) comments. Although the words are often menacing and cruel, the comments are not removed unless the site is contacted. There are also agencies which have assembled in order to attempt to put a stop to harassment.

CEO of ReputationDefender, a firm that works to remove the nasty comments (or makes them harder to find), Michael Furtik puts it best: "Nasty

gossip has gone viral."

Though there have been cases where individuals were convicted for harassment (via MySpace and email), the issue itself is difficult to convict, given the cloak of anonymity internet trash-talking ensures. This means an individual can say anything and not be held accountable, making the discussions incredibly vulgar and outrageous.

Fortunately, there have been many incidents where online attackers were identified and charged, but oftentimes the right of freedom of speech makes it possible for such information to remain in circulation.

According to popular women's magazine "Glamour," online attackers tend to focus on two things: physical traits and sexual behavior. The example given was of a comment on a young woman's modeling photo that read, "She'll spread those cottage cheese legs for anyone."

When I first came across this information, I immediately assumed that most of the

comments on sites such as "The Dirty" were from other women because, well, girls have a reputation for being the cattier of the two sexes. I was appalled to discover, however, that most of the comments on the site are reported to be from male users.

According to Danielle Citron, a professor at the University of Maryland School of Law who studies online bullying, the Web has become a "haven for women haters, partly because it's no longer socially acceptable to sexually harass women at work or school."

"We've pushed a lot of animus to the Internet," she continues. "That's where men who resent women—perhaps because they feel outpaced by them at work or school—can express it anonymously."

She goes on to elaborate that there are plenty of "mean girls" out there, as well, though their motives are different, as they do so in competition of social status or men.

In order to protect YOURSELF from such scrutiny, there is little you can

do. The fact of the matter is this: people like to talk themselves up. When they are given an opportunity to say something particularly nasty (but never had the balls to say to your face in the first place) they will take it. And if that's their idea of fun, then hell—I wish I were entertained so easily.

Joking aside, the fact of the matter is that their victory is short-lived because while they may have hurt someone, but in the end, they have to live with the fact that they don't have the confidence to actually say anything intelligible in the midst of conflict.

The only way to prevent degrading pictures from finding their way onto the sites is to NOT post such photos on any social-networking site. If someone is writing something about your character, politely email the webmaster, asking that the comments be removed. And if you're really scared, there's actually the above-mentioned ReputationDefender, which monitors "gossip" about you for \$15 a month!

Pom-Poms, Skirts, and Racial Slurs

Justine Speegle
Contributing Writer

Derogatory terms, degrading comments and racial slurs. These three things are all deemed inappropriate for daytime television, public radio, and for public performances. So where were the Pacific Tiger Dancers when these rules were being set for their half-time performances?

As a dancer of sixteen years, I understand the importance of making sure that all music that is being used in any performance is edited thoroughly. This is to ensure that no one will be uncomfortable and/or offended, which are some reactions from last week's performance. The severity of the situation doubles when one considers this happened in the middle of a basketball game, which just so happens to be a common destination during family outings.

Sure, it can be hard the first time listening to a song to locate every single inappropriate word or saying if it

hasn't been purchased or downloaded in the radio edited form. However, having had the experience of both dancer and instructor, I know that after practicing a single dance a total of about ten times per hour, everyone in the dance should know close to every word, beat, rhyme and lick in the song. I don't know of many dance teams that only practice a half-time dance once or twice before performing it, so that eliminates the one and only excuse of simply "not recognizing" such a terrible word as "the N word", which the Tiger Dancers apparently just couldn't hear during their practices.

Yet it remained was perfectly audible for those attending.

You can apologize all you want, and you can try to make excuses for not recognizing the word, or not hearing it, or you can even deny that it was ever said in the song at all, but we all know that anyone who listens to the same song over and over again in one day (as all dancers

do during practice) would be able to recognize such an obvious racial slur.

While I believe it was respectable of the Tiger Dancers to publish a letter of apology in last week's Pacifican, it is in no way respectable of a University affiliated team to run out on to a basketball court shaking their pom-poms to songs that are blaring extremely inappropriate racial terms through the speakers. Racial names and terms are not only inappropriate, but also terribly hurtful to many individuals not only from our school, but from the community that comes to our basketball games to support our teams. The students and faculty of our University and the members of our community do not deserve the disrespect that the Tiger Dancers showed them by carelessly leaving their half-time song unedited with words that are so inappropriate, hurtful, disrespectful, and embarrassing to our University.

WHIRLOWS

TOSSSED and GRILLED

Lincoln Center & Miracle Mile
466-2623

Nightly Dinner Specials

<p>Monday Soup & Salad \$7.95</p>	<p>Wednesday 20% to your Favorite charity</p>	<p>Friday Prime Rib Dinner \$13.95</p>
<p>Tuesday Salads 1/2 Price</p>	<p>Thursday Sandwiches 1/2 Price (Hamburgers excluded)</p>	<p>Saturday FREE Fries or Glass of Wine (with purchase of entree)</p>

Mon-Sat 11am-8pm • Catering • Dinner & Lunch To-Go 474-1866

HAVE A
Yogurt My Way
PARTY!

Nutcracker
Sweets
Valentine's Day
Candy & Gift Baskets

Yogurt My Way

Self-Serve Frozen Yogurt
Endless Toppings • Bulk Candy

211 Lincoln Center
Stockton, CA 95202
474-1010

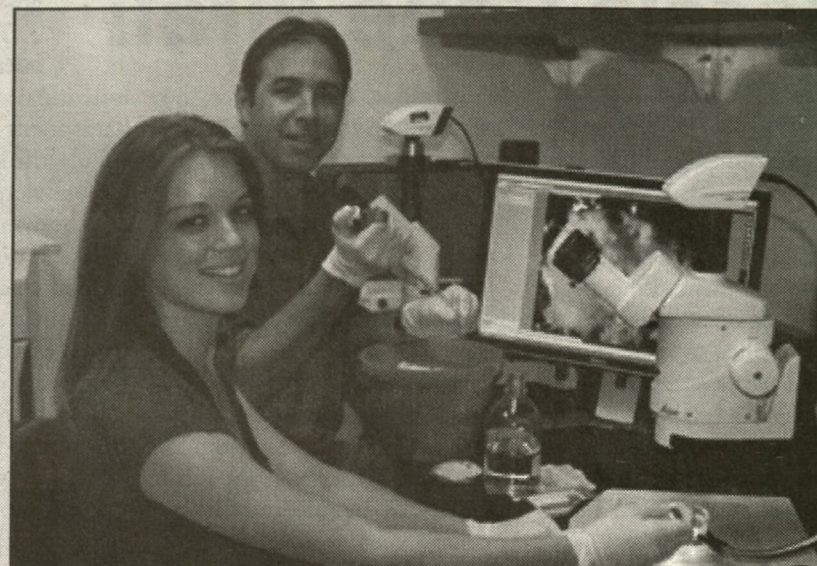
\$1 OFF

Good for any purchase of \$4 or more. One coupon per person. Exp. 4/30/10. See us for details.

Who's Pat?



PACIFIC ALUMNI ASSOCIATION
www.pacificalumni.org/whosPat



Dr. Craig Vierra and student Coby La Mattina microdissect a black widow spider.

From Black Widows to Bulletproof Vests

While most of us try to avoid black widow spiders haunting the lonely recesses of our homes and yards, Biology Professor and Co-Chair Craig Vierra seeks an intimate understanding of these arachnids.

For the past 10 years, Dr. Vierra has been studying the molecular mechanics of black widow spider silk. Because of its high tensile strength—it is five times stronger than steel—extraordinary elasticity, and toughness, spider silk has attracted the attention of material scientists.

Scientists are currently seeking methods to produce synthetic spider silk using expression systems in yeast, bacteria and goats. With support from a Pacific Fund grant, Pacific's Department of Biological Sciences plans to lead in this effort.

Synthetic spider silk has the potential to be used in a wide range of medical, military and commercial applications, including bulletproof vests, medical sutures, artificial ligaments and tendons, fishing lines, ropes and chords, seat belts and airbags. And because silk fibers are predominantly made of protein, synthetic silk is non-toxic when degraded and has many environmental advantages over "toxic organic" materials.

"Our laboratory has cloned a number of different silk genes that produce proteins assembled into silk threads," said Dr. Vierra. "We are considered spider gene hunters because we 'fish' for new genes that encode silk proteins. Currently, we are trying to understand how these silk proteins are assembled into the fibers."

To date, only a handful of labs across the world have been able to produce synthetic silk fibers. As a leader in the spider silk community, the Biology lab wants to transition from silk "gene hunting" to the production of synthetic silk materials.

The Pacific Fund grant will be used to purchase a protein concentrator, which will enable Pacific to refine the process for spinning artificial silk fibers. With this new equipment, large amounts of silk proteins can be produced and purified on the Stockton campus, and faculty and student researchers will then analyze the structure and properties of the various synthetic fibers created. For example, tensile strength and extensibility can be evaluated with engineering tools.

Real-world learning opportunities will be an integral component of the spider silk research project. Several undergraduate students currently work

with Dr. Vierra, and this new phase of research will rely heavily on student participation for operation of the protein concentrator.

There is a strong collaborative aspect of the research that will pull students and faculty together from different schools and disciplines within the University (see sidebar).

The black widow spider silk research led by Dr. Vierra is gaining momentum and is starting to attract national and international recognition for the University through peer-reviewed scientific journals. His research was highlighted in the National Science Foundation's NSF Currents newsletter (June 2009).

"It is imperative that we remain innovative, exploring new, emerging areas of science that investigate the potential for synthetic silk and its uses as future biomaterials," said Dr. Vierra. "If successful, this technology could revolutionize the field of engineering, nanotechnology and medicine."

2009-10 Pacific Fund Grants are now available to Pacific students and faculty on the Stockton campus. Pacific Fund Grants are made possible by the generosity of Pacific alumni, parents, staff, students and friends who support the Pacific Fund with annual donations. This year there is more than \$275,000 available to be distributed.

Grants can be used for activities such as academic travel, competition fees, research funding, professional conferences, workshop fees, lab equipment and more. Each division and college sets the requirements on grant allocation, eligibility, application procedures and deadlines. Grants are distributed in varying amounts and are a request-for-proposal process. Funds are distributed through the Undergraduate Research Task Force, Student Life Division, and school and college Dean's Offices. Contact the appropriate office or your Dean's Office for more information and to apply.

Some deadlines are approaching quickly. For more information, please visit the Pacific Fund website at www.pacific.edu/pacificfund.

PACIFIC FUND

Papapavlo's Bistro and Bar

The Chardonnay Room
seating up to 12

The Cabernet Room
seating up to 18

The Grand Marnier Room
seating up to 100

The Grand Room
seating up to 56

The Marnier Room
seating up to 36

Excellence In Off Premise Dining

Please contact us regarding our renowned
catering services at 477-6133

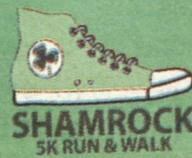
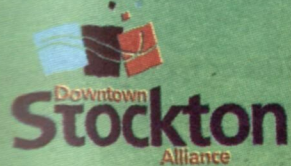
477-6133 • 501 N. Lincoln Center • www.papapavlo's

Celebrate! ST. PADDY'S DAY

IN DOWNTOWN STOCKTON
SATURDAY, MARCH 13



- ◆ St. Paddy's Pub CRAWL, 5 pm - Midnight, discounted admission for students, 10 venues, free transportation
- ◆ Steadiest Hands in Stockton Relay for local restaurants, 4 pm
- ◆ Shamrock 5k Run & Walk, 5 pm, register online at www.onyourmarkevents.com, \$30-\$35
- ◆ FREE Festival: Cabbage Bowling & Bassmasters Elite Series Duel in the Delta, 12 - 5 pm



LIFESTYLES

Restaurant Review: Valley Brew

Natalie Compton
Staff Writer

Dim-lit, beer-filled, and TV-peppered, the Valley Brew may be a Stockton man's nirvana, but it's still right for the rest of us.

Located on 157 W. Adams Street, The Valley Brew combines a microbrewery, restaurant, bar and entertainment hub to create a fun and filling stop on the Miracle Mile.

This restaurant is a fan favorite among students who are tired of on campus dining.

"The atmosphere of Valley Brew is extremely student friendly," sophomore Anthony Austin Young said, "Plus it offers a great alternative to Bon Appetit."

Students find the restaurant to be a comfortable place to meet up and score a tasty meal.

"It's a great place to go get a burger and a pitcher of beer with friends and watch a game," senior Sarah-Rose Wentling said. "I love it!"

The restaurant offers their own Valley Brew, a beer made at the restaurant, as well as other generic options. Customers can also order up to 15.5 gallons of beer to go.

The place relishes in burger pride. The menu sports an array of them, from the Mushroom Swiss Burger to the Salmon Burger. The most popular of the lot is the Brew Burger, which is made up of a fresh ground beef patty, lettuce, tomato, red onion and the restaurant's own signature sauce, all on a Kaiser bun.

Add some greens to the mix by paying \$2.49 for a salad to go with any burger.

Not in the mood for a buger? There are gourmet pizzas, sandwiches and a slew of meat and fish entrees to order.

Vegans and vegetarians can find a handful of meatless dishes on the menu. There are vegetable dishes, but many are fried foods such as fried mushrooms and yam fries.

Try the Oriental Chicken Salad minus the chicken for a plate of tossed greens, snow peas, red bell peppers, mandarin oranges, won ton strips and a special oriental dressing. Be warned; the dish still costs \$13 even without the chicken.

The meal items fall around \$12, but can go as low as \$6.50 and as high as \$19.95.

"The prices are affordable and the atmosphere is energetic," freshman Sabra Rubinstein said. "I can have an awesome time without spending too much money."

The Valley Brew hosts a variety of entertainment venues that bring in both students and Stocktonians alike.

"I'll definitely go back, they are great with events," junior Adam Kantor said.

Every so often the restaurant has live music to jazz up the place. It also has TVs hanging at every corner of the bar to keep fans in tune with various sporting events.

"The food and the atmosphere were quite entertaining," freshman Tyler Goodwin said, "I received exceptional quality service."

In good weather, the restaurant's outdoor terrace provides an pleasant, open air experience.

Perfect for food, fun and sports fans, the Valley Brew is a knockout.

Style: fresh and sweet

Classic and Warm

Jessica Kawilarang
Staff Writer

For me, the weather can be the greatest deterrent from dressing up for the day. With this said, I give major props to anyone who knows how to dress fashionably in accordance with the cold.

With New York Fashion Week occurring during the east coast storms, it's amazing to see how people are still dressing up with their own unique styles and detailing and still stay warm enough. Extra long chunky wool scarves and thicker stockings will always be a safeguard to still being able to dress up in the cold, but my favorite are the fitted blazers, sport coats, and suit jackets that are making its way back. Nothing beats the clean look of a well-fitting jacket, and best of all, you can pretty much throw it on top of anything you're wearing, whether it be with casual jeans, a bold patterned mini dress, or a sleek little black dress. It's true that leather biker jackets can bring edginess, but they tend to tone down a look rather than dress one up like a blazer can.

Speaking of sport jackets, I love the standard length jacket worn by Tiffany Chu. The median length of the jacket allows a slender, sleek curvature of the waist that cropped jackets can't pull off. In addition, the neutral color has a refreshing and elegant quality that differs from the typical black or dark colors. Paired with a long white laced top, black leggings, and neutral knee high boots, this outfit is perfected in both color scheme and feminine softness, but also carries a young and fresh feel altogether.

Although eclectic outfits that mix

random clothing together used to reign the runways, this season, many designers are gearing more towards classic feminine styles with a slight twist of modern touches, and simple menswear. From Marc Jacobs and Alexander Wang's blend of classic men and women's styles, to Vera Wang's line of toned down elegant casual pieces, it seems that fashion has once again cycled back to its basics.

And really, with the inevitable fact that each of us will one day have to transition our styles in accordance to maturing and entering the workforce, I love that nothing can ever beat the elegance, confidence, and sleekness of classic basics: for men, a proper fitting suit, and for women, clean cut dresses, skirts, or pants, with a well fitted top or suit jacket that accentuate bold lines and edges with the softness of feminine curves.

In all, with the right amount of fitting, classic pieces, slight modern twists, and colors, you can never go wrong in style and stay warm at the same time.



Jessica Kawilarang

NOW PLAYING AT THE PACIFIC THEATRE

Feb 25
Okuribito (Departures)

Feb 26-Feb 27
Whip It



Learning the Label,
Part 1

Manufacturers usually use one of more of the following descriptors

on the labels, but what does they really mean? Use the following guide to help you understand what values these combinations mean.

- Low cholesterol — Less than 20 mg of cholesterol and 2 mg or less of saturated fat per serving.
- Reduced — 25% less of the specified nutrient or calories than the usual product.
- Good source of — Provides at least 10% of the DV of a particular vitamin or nutrient per serving.
- Calorie free — Less than 5 calories per serving.

- Fat free / sugar free — Less than 1/2 gram of fat or sugar per serving.
- Low sodium — Less than 140 mg of sodium per serving.
- High in — Provides 20% or more of the Daily Value of a specified nutrient per serving.
- High fiber — 5 or more grams of fiber per serving.
- Low calorie — Less than 40 calories per serving.

Introduction to the iPad

Karla Cortez
Staff Writer

We are a generation that revolves around technology; the average person today is constantly connected to their friends and family through all sorts of different portable devices. Phones, computers, laptops and even Mp3 players can connect us to popular online sites such as Myspace, Facebook, Email, and the various types of instant messaging portals that we use.

A leading brand of technology, Apple, is constantly developing newer, faster, more portable products for the American youth of today, the most recent of which is the iPad.

The device, which will start selling March 1, has already been highly criticized. Disadvantages include the lack of a built-in camera and Flash players for the Internet, which will restrict large online elements (such as playing videos) to users.

The built-in battery has also received much complaint, due to the fact that if the battery breaks, you're screwed. In addition, the fact that the iPad will only be using the AT&T network worries users, because of how slow and backed up AT&T can get from being overused.

The advantages that come with the new iPad are its portability, as well as the increase in more creative and flexible applications available to users. A prominent new application is the I-Books E-reader, which will give users the ability to read E-books, as well as the benefits of any portable E-book product, including those already provided by the iPhone or iPod. Other advantages are the iPad's 10-hour battery life and starting price of \$500 dollars for the 16 gb model, half of the predicted starting price.

In any case, with Apple products, many people tend to get the next generation (or version) of a device, which will usually include upgrades and patches to fix glitches.

In order to decide if the iPad is right for you, depends on how the device is going to be utilized. Think about whether it will be best suited for your personal and professional needs. Don't buy it just because it looks attractive.

For more information, check out the Apple website at www.apple.com.

VEGAN, continued from page 4

numerous celebrities and social activists including Anne Hathaway, Cesar Chavez, Elijah Wood and Ellen DeGeneres have been very outspoken about their food choices. While it can be difficult to juggle college and food choices, going vegan/vegetarian makes you more aware of what

you consume, making you a healthier, smarter and more aware person.

To learn more about going vegan/vegetarian, visit vegan.org, vegetarianvegan.com, peta.org, or join student Natalie Compton's Facebook group, "The Vegolution."

A Look into the World of Warcraft

Kelly Asmus
Staff Writer

If you didn't know already, World of Warcraft (WoW) is a popular, massively multiplayer online role-playing game (MMORPG), which includes PVP (Player Vs. Player) and PVE (Player Vs. Environment) based communities. The MMORPG is a sequel to the separate previous Warcraft games.

Over 9 million people are a part of this gaming community, so the variety in players is immense. Both women and men, young and old play WoW. With so much variety in WoW, the options in the game can sometimes seem endless.

The game costs \$15 a month to play, but that doesn't include the costs of the software for your computer. To make an account, log onto worldofwarcraft.com, and click the option on the left side to create an account.

WoW is a game that is not restricted by much. Even after reaching the highest level you can go (Level 80 with the Wrath of the Lich King extension) there are many other things for you to do with your character, or "toon". There are many different quests, raids, and battlegrounds that you can accomplish using your toon; and many different professions you can try, such as jewel crafting, mining, engineering, blacksmithing, and tailoring.

Now if that wasn't enough variety, just picking a toon has so many choices it can make your head spin. For the first step in making a character you must choose a faction. Choosing between the two feuding factions, Alliance or Horde, is important.

After you have chosen a faction, choose a race within the faction:

Draenei, Night Elf, Gnome, Tauren, etc. Lastly, you must choose the class of your toon: Druid, Hunter, Warlock, Priest, etc. You can also choose male or female, and change the way your toon looks physically.

With this much variety it is easily seen how addicting the game can be, but not all players are addicted. There are casual players in the WoW world as well. Casual players usually average about 5-10 hours a week, while some addicts can average that many hours a day.

One of the main reasons for so much game time is the necessity of updating everything from the game itself to the gear your toon wears. The abilities of your toon need to be "trained" in order to reach the next level. Leveling can be rather easy at the lower levels, but once you reach a certain point you usually need to seek the assistance of others.

Having communication between players from the same faction is essential for WoW to work. The chat box on your screen keeps you connected to everything from the people your guild (your peers in the same faction) to just what is being said in the area you are currently in. There are fun applications with the chat box as well. For example, if you type /dance, your toon dances, and the same goes for /kiss or /train (your toon makes the choo choo sound while moving their arm up and down). These "emotions" help to show others some emotions people usually aren't able to verbalize. Players can also utilize Ventrilo, a downloadable software that uses a microphone headset to communicate to other players.

Personally, when I'm on a quest with

my sister, and we're either in the room together or using the Ventrilo headset, it's a lot of fun. In our team, one of our toons is a hunter, so we speed through most of the quests. The only downfall is that not all quests can be shared (i.e. when one of you completes the quest both of you do).

Every quest has different requirements, and different methods of play. Sometimes quests require the player to travel great distances, gather different kinds of things, or talking to several people. However, there are some repeat patterns with quests throughout the levels. For example, one kind of quest requires you to kill X number of Y beasts.

All these aspects pull players into the game, a world away from the real world and has every chance of getting a player addicted, but just like all video games finding a healthy balance between fiction and reality is key. There is one sneaky truth to WoW that you must look out for: it is hard to accomplish much in the game in an hour. Generally, a few hours is a good length for play time. With that in mind, try to find a way to limit the available time you have to play.

One way that has personally worked for me is using a sort of buddy system. Try joining WoW with a friend, and only play the game together. Not only is this a good way to restrict when you can play, for example conflicting schedules, but also gives you a person that bridges the fiction to the reality. There are many ways to avoid getting addicted to World of Warcraft, so just make sure you take them into consideration before you begin to play and keep them in mind throughout.



Miguel's
Mexican Restaurant
FAMILY OWNED SINCE 1977

Catering Available
Banquet Facility
Can Accommodate
Parties Up To 50
Full Service Bar
Breakfast All Day
7 Days a Week
Special Breakfast
Sunday 8am - 1pm



Call In Orders To Go
951-1931
7555 Pacific Ave. • Stockton

OPEN
Monday - Thursday:
10 a.m. to 9 p.m.
Friday:
10 a.m. to 10 p.m.
Saturday:
10 a.m. to 9 p.m.
Sunday:
8 a.m. to 9 p.m.

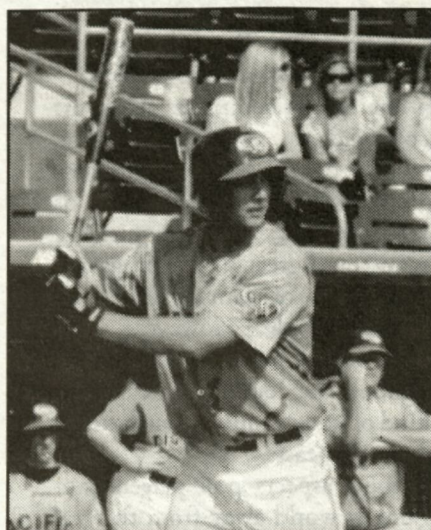




\$5 off on \$20 or more
Must present Pacific student ID or coupon

SPORTS

Baseball Starts Off Season with Series Victory



Athletic Media Relations

Junior Matthew Carvutto's two-run triple in the first game of the series gave the Tigers a 3-1 win.

Vanessa Connolly
Staff Writer

The Pacific baseball team kicked off the 2010 season with a series victory over University of San Francisco Dons.

The first game went scoreless until the 3rd inning when the Dons scored their first, and only, run of the game. During the fifth inning, sophomore Allen Riley narrowly missed the first run, sliding into home from second base after sophomore Brett Christopher hit a single toward second base.

San Francisco's pitching mistakes set the Tigers up to score all three of their runs in the seventh inning. After

being hit by a pitch, junior J.B. Brown was able to advance to second after Junior Nick Longmire drew a walk. After a balk by San Francisco's pitcher, senior Mike Walker hit a single to plate Brown, tying the game 1-1. Junior Matthew Carvutto hit a deep triple to left field, scoring Longmire and Riley, who reached the bases on a single. San Francisco was only able to answer back with two hits over the final two innings, leading the Tigers to a 3-1 home opener.

The Tigers were scheduled to play at San Francisco to wrap up the series on the Feb 21, but hosted a double header due to the forecasted

showers. Trailing by a run with two outs in the bottom of the ninth, Mike Walker hit a long shot down the right field line that was caught by San Francisco's fielder, ending the game with heartbreaking 6-5 loss for the first game of the night.

In the final game, the Tigers started off the first inning on a high note, scoring two runs off two hits. Senior Joseph Oliveira and junior Brian Martin each hit singles and were able to advance after a throwing error. Following two fielder's choice plays, each was able to score to give the Tigers a 2-0 lead. The Dons responded in the second inning with two

runs off four hits. Pacific took the lead again in the bottom of the fourth inning after Carvutto and Riley scored. After both teams went scoreless in the fifth inning, the Tigers broke the silence in the sixth inning with two more runs. San Francisco scored its final run in the eighth. The Tigers scored four runs in the bottom of the eighth with hits from seniors Matt Fuson, Joseph Oliveira, Ben Gorang, and Mike Walker, including a two run double from junior Brian Martin to close the night with a 10-3 win.

The Tigers return home to host Nevada on Friday, Feb 26 at 6pm.

Athletic Training Tip of the Week

What happens if I lose a tooth?

In contact and collision sports that don't require helmets, an athlete can easily lose a tooth. In basketball, someone can take an elbow to the mouth, or in soccer, while going up for a header, one can hit an opponent's head with their mouth. These are examples of scenarios where one could lose a tooth. It is not uncommon for non-athletes to be presented with this type of situation as well.

In these instances, what should you do? It is urgent that you call your dentist and get an emergency appointment right away for the best chances of keeping the tooth. While getting to the dentist, if the tooth comes out whole, clean the tooth off with water and put it back into the original socket. If you are not comfortable doing this, place the tooth back into the mouth, under the tongue, being careful not to swallow it!!

We have been taught in the past to place the tooth in a cup of milk which is sufficient if the individual can't hold it in their own mouth. However, when the tooth is amid its natural environment it is best. Prevention tips? Wear a mouthpiece during activities that may include contact or risk of injury to the face.

Questions? Concerns? Contact Pacific Athletic Training Club President, Antonia at: a_stavrianoudakis@pacific.edu

The PacificCard Office has just deployed a new kiosk unit up at The Lair. With it, you can order your food from the Lair and pay with your Declining Meal Plan or PacificCash. You can also deposit cash to your PacificCash account at the unit as well, by using the Manage Account button.

Sports This Weekend

THURSDAY
Basketball vs. UC Riverside
7 p.m.
Spanos Center

FRIDAY
Women's Water Polo vs. CBU
2 p.m.
Kjeldsen Pool

Baseball vs. Nevada
6 p.m.
Klein Family Field

Men's Volleyball vs. Stanford
7 p.m.
Spanos Center

SATURDAY
Baseball vs. Nevada
3 p.m.
Klein Family Field

Men's Basketball vs. LBSU
7 p.m.
Spanos Center

SUNDAY
Baseball vs. Nevada
1 p.m.
Klein Family Field

Interested in writing for Sports?

Get up close and personal
with your favorite players!

Email us at pacificansports@pacific.edu

White Out ESPN

Natalie Compton
Staff Writer

Just like the snow buried eastern states, the audience in the Alex G Spanos Center was coated in a layer of white (t-shirts that is). The theme of the evening was "White Out Night," and was made possible by the donation of 1,000 white Pacific basketball t-shirts from the W.L. Butler Construction, Inc.

"I love coming to themed games," Pacific freshman Jennie Callas said. "I was so excited to get a free shirt!"

A nearly packed house came to support the Pacific men's basketball team as it faced the New Mexico State Aggies. The game was covered live by ESPN.

The men's water polo team even donned bare chests painted white in honor of the night's theme. The women's field hockey team and the pep band also came together wearing white apparel.

The game began with a starting lineup of Demetrece Young, Michael Nunnally, Joe Ford, Terrell Smith and Sam Willard. Pacific won the tip off as well as the first points of the game. During media timeouts, hotdogs, additional free t-shirts, mini basketballs and water bottles soared through the air to screaming fans.

Though the Tigers were stopping and swatting away countless Aggie shots, their offense seemed a little off.

"We were a little slow," said Coach Bob Thomason.

During half time, Pacific's Athletic Director Lynn King and W.L. Butler Construction, Inc. presented the Walton Special Center with a \$3,500 donation in an effort to provide Walton with the "necessary funding to achieve their goals." Following the donation, a local hip-hop crew, Second Nature, and performed a break dance routine.

The lead went back and forth between both teams during the second half, but with 5 minutes left, the Aggies had almost a ten-point advantage. New Mexico continued to hold the lead despite a dunk by Willard and 3 pointers by Young, Eveland and Edwards. The Tigers were unable to close the gap and New Mexico won 84-78.

Pacific will have redemption tonight, February 25 at 7 p.m. when they play at home against UC Riverside.

"We'll bounce back," Thomason said.

Power Rankings Week 3

Mens B

- 1A. Flu Game- Haven't lost a game.
- 1B. Fundamentally Sound- Can this team lose?? They won with four players on the court.
2. Team Awesome-0- Is a great team, but they couldn't handle Mr. Ramirez.
3. Pho Kings- Tough lost to an undermanned Sigma Chi team won't lower them in the rankings.
4. KY- If Gary learns to pass the ball, he might propel this team to the playoffs.
5. Juice- Has Juice ran dry?
6. Pacific Athletics- This team is good, if Duncan can keep scoring.
7. Team Penetration- This young squad should have stayed down one more season before they tried to play with the big boys.
8. Pike- I was wrong about last week.
9. Cheepono- A long time ago in a court far away,
Cheepono was the Cham pion.

Mens C

1. Decepticons- The epic battle with the Autobots is looming. Can we invite Megan Fox?
2. Autobots- Has held the number 2 spot for the third consecutive week now.
3. WNBA All-Stars- Pulled out a strong win against Candel's Nuttela Factory.
4. He > i- Aliens are helping them win. I have no other explanation.
5. Redemption of the Kutas- No idea how this team keeps winning.
6. Backboard Breakers- Keeping it physical to pull a close win.
7. Candel's Nuttela Factory- After a tough loss, they need to bring their A game.
8. P-90 AXE- A scrappy group of guys prove to be a tough team to beat.
9. Local Style- Should stick to volleyball.
10. Team Friends- Situ should have stayed on a winning team.
11. Kappa Psi- They need to recruit more athletes to have a chance to win.
12. Too Good- Surprisingly still in the hunt for

playoffs.

13. Ji Ji- All I want to know is what their team name means.
14. Team A- I don't expect anything from this team.

Co-Rec A

1. Rec-ing Crew- Close win against Maggette and Meatballs. With the addition of Big Rob look for them to go all the way.
2. Yao Know what I Ming?- Finished the season in style... with a win by forfeit.
3. Flu Game- Don't forget about this team. They are still one of the most talented teams out there.
4. Panda- This team shows how good they are without Collin.
5. Maggette and Meatballs- Finished the season winless. Maybe Bryan will take mercy on them and put them in Co-Rec C playoffs.

Co-Rec C

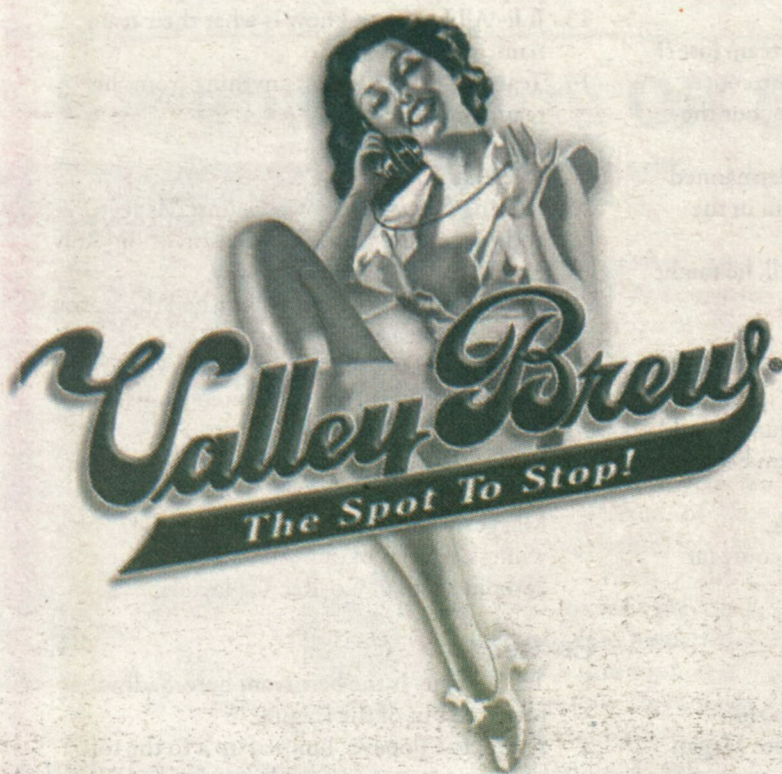
1. Team Legit- Is the best team here. Sadly, they forfeited out of the league.
2. Frand The Popeye- Jumped up a to the top spot for teams that actually count.
3. Team Delicia- Ended this season with a 500 record. Is it enough?
4. Shotskies- Lost a tough game to Popeye. Is playoffs a possibility? We will wait and see.
5. Collateral Damage- Next game will determine if they are a bottom feeder or a potential playoff team.
6. Lightweight Baby- Is the lightweight of their division.

Womens

1. Queen Spatula- If Kim La wasn't on this team they wouldn't be here.
2. LeBron James- They didn't bring their A game last week and it hurt them.
3. Biscuit Farmers- Win against LeBron James shows they mean business now.
4. Kappa Psi- The filler team in the women's league.

Tiger X Schedule for Week of Feb 18 - Feb 24

2/25	2/26	3/1	3/2	3/3
Pilates: 8-8:45 a.m. Wood Room	Yoga: 8-8:45 a.m. Wood Room	Cycle: 12-1 p.m. Rubber Room	Cycle Fit: 7-7:45 a.m. Rubber Room	Zumba: 4:30-5:30 p.m. Wood Room
Lunch Time Yoga: 12-1 p.m. Wood Room	Boot Camp: 1:30-2:30 p.m. Wood Room	Cardio Dance: 4-5 p.m. Wood Room	Fit & Functional 8-9 a.m. Wood Room	Yoga: 5:30-6:55 p.m. Wood Room
Cardio Dance: 5-6 p.m. Wood Room	Hip-Hop: 3:00-3:50 p.m. Wood Room	Yoga: 5:30-6:55 p.m. Wood Room	Lunch Time Yoga: 12-1 p.m. Wood Room	Body Fit: 4-4:30 p.m. Rubber Room
Cycle: 6-7 p.m. Rubber Room		Cardio Kick: 7-8 p.m. Wood Room	Yoga: 5:30-6:45 p.m. Wood Room	
Capoeira: 7-8 p.m. Rubber Room		Cycle Fit: 7-8 p.m. Rubber Room	Cycle: 7-8 p.m. Rubber Room	
		Cardio Kick II: 8-9 p.m. Wood Room	Abs/Core: 8-8:30 p.m. Rubber Room	



Now Accepting Pacific Cash!!!

**157 W. Adams St.
464-2739**

**Open 7 days/week
Lunch - Late Dinners**

Music Event Calendar

February 27
8:00 p.m.
Marirose

February 28
7:00 p.m.
Elvis Impersonation

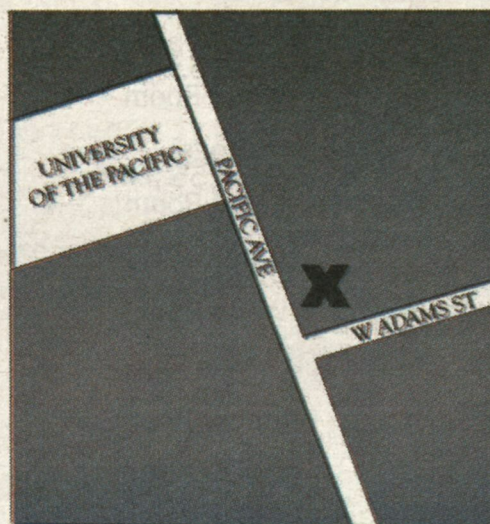
March 5
7:30 p.m.
"Still Sane"

March 17
6:00 p.m.
St. Patrick's Party
All Day
Nick Elwood Band

March 21
7:00 p.m.
Elvis Impersonation

COVER for all events

THE NICK ELWOOD BAND



Restaurant/Pub

**Microbrewery Tours Available
Banquet Room -**

**No Charge for UOP events
Faculty and students**